



Finding out how we are doing

**RESEARCH
WITH
PLYMOUTH
UNIVERSITY**

We have asked your parent or carer if we can ask you some questions about going sailing with Horizons and they have said this is OK.

You can decide whether to say 'yes' or 'no'.

We are asking these questions to find out how well we are doing. We hope you have learned or will learn how to sail and enjoy being on the water safely. We also want to know if going sailing helps you in other ways.

We think that sailing helps people to have fun and be adventurous and can also help young people in other ways - such as at home, with friends and at school.

We think that if you learn to sail a boat safely, you will also find good ways to succeed in friendships, family relationships, at school - and in other ways in your life.

We want to find out if all this is true.

Do I have to do this?

No, you can say 'no' and this will not change anything you do with Horizons.

What if I don't know any answers or can't answer?

Don't worry, it is not a test, but if you ask we may be able to help find an answer.

Will anybody else know what I say?

No, what you say will be kept confidential (or secret). We will make sure afterwards that nobody, even us, knows who said what.

So what do I have to do?

You will be asked to fill out a questionnaire about your experience of going sailing. We will ask you to put 'a secret code word' on the questionnaire. Later on, we will ask you to fill out another questionnaire.

What if I want to know more?

You can ask the person who gives you the form any questions you want. If they can't answer, they will ask some other people to explain everything.

These are the people actually doing the research. Their names are:

Andy Wills – he works at the University of Plymouth. You can ask somebody to email him at:

andrew.wills@plymouth.ac.uk

You can telephone him or ask somebody to telephone him on: 01752 586614

Andrew Eccleston – he works for the people that you sailing with. You can ask somebody to email him at:

andrew.eccleston@plymouth.ac.uk

You can telephone him or ask somebody to telephone him on: 07774 179976

Consent form

- I have read this, and spoken to somebody about it. I have asked all the questions that I want to ask.
- I have spoken to my parent or carer about this, and they have said that it is ok for me to take part if I want to.
- I know that I don't have to take part if I don't want to.
- I know that nobody will know that it was me who said what on the questionnaires.

I agree to take part

Name:

Signed:

Date: