



Horizons Plymouth Return to Sailing July 2020

Horizons are committed to the fundamental principles of minimising the risk of infection from COVID-19 and have devised a plan to allow a limited return to sailing within the current Government guidelines. The situation will be monitored continuously and any necessary alterations will be implemented as appropriate.

The current Government guidance is that we should only gather outdoors in a group of up to six people from different households, whilst following social distancing guidelines.

We will be restricting the numbers of people on site at any one time. Initially activity will be restricted to two pre-arranged bubbles. Each bubble will be made up of 1 staff member, up to 4 cadets, and one volunteer for shore side support.

These bubbles cannot interact whilst on shore, so timings will be staggered so they can operate independently.

Outline of Activity

Recreational single handed Pico sailing for cadets with RYA Stage 2 and above, or for 2 cadets in the same household where at least 1 holds an RYA Stage 2 or above.

Participants must be free from COVID-19 symptoms and not coming from a household that is currently self-isolating.

No formal tuition will be taking place during these sessions.

2 "Bubbles" of activity (Split into Bubble A and Bubble B)

Each bubble comprises of a maximum of 6 people:

- 1 Senior Instructor in a Safetyboat
- Maximum of 4 Children
- Maximum of 3 Picos
- 1 volunteer for Shore side support

Session Details

Equipment will be sanitised before use.

In order to maintain social distancing requirements cadets should feel confident to rig, sail and recover a Pico with minimal assistance.

Picos will also be fitted with masthead buoyancy to reduce the chances of an inversion, which should help to reduce the need for a safetyboat crew to intervene during a recovery.

Safetyboats will be operating on a ratio of 1 safetyboat to a maximum of 3 Picos, with 1 Senior Instructor in the safetyboat, and will use methods that maintain social distancing to aid where needed.

Cadets will be asked to clean their boats down at the end of a session using eco-friendly cleaning sprays provided by Horizons (whilst under the supervision of a Senior Instructor).

With current social distancing guidelines we are currently unable to operate our Hawk 20 Keelboats.

Sessions will be either morning or afternoon, and availability will be published a week in advance and participants will need to pre-book. We will endeavour to share the slots out as fairly as possible.

There will be limited access to shore side facilities so cadets should arrive ready to sail with minimal extra kit. The usual change of clothes, towel etc. should all be in a single bag which can be left in the hut. You will

be issued with a buoyancy aid for the duration of the season if you don't have your own. Please ensure you bring it with you for each session. This will reduce the need for us to continually sanitise and rotate their usage.

We will be operating under strict time constraints in order to manage two bubbles of activity. It will be of paramount importance that drop offs and collections are made promptly.

Parents should drop cadets off, ensure they have been signed in and then leave promptly. When collecting, ensure they have signed out and then depart promptly. This will help us to manage the number of people on site at any one time.

Further details will be made available when booking.

Shoreside operations

The current Government Guidance is that we should only gather outdoors in a group of up to six people from different households, whilst following social distancing guidelines.

Therefore whilst on shore we will:

Operate in 2 separate bubbles of no more than 6 people which could be made up of:

- 1 Senior Instructor
- Up to 4 Cadets
- 1 volunteer shore side assistant to aid with launch and recovery

Social distancing of at least 2m will be observed wherever possible, going down to a minimum of 1m+ if it is for safety reasons.

Face coverings and gloves will be provided for instructors and assistants in case they need to get closer than 2m to aid a sailor.

We will start by operating a maximum of 2 bubbles, and these bubbles should not interact whilst on shore.

On Water operations

Each morning staff will transfer Picos to the pontoons in Mayflower Marina and sanitise them.

Each person will be allocated a boat on arrival at the marina.

When a "bubble" is ready to go afloat they will walk down to the boats while maintaining social distancing.

Cadets will then need to follow the guidance from their instructor in order to get afloat in the most efficient way for the conditions.

Whilst afloat, we are allowed to sail in the same sailing area, but we will still be keeping separation amongst the boats.

On return to the marina, the boats will be put back on the pontoons and will be cleaned down by the cadets under supervision.

The group will then return to the hut and depart.

Suggested session timetable

08:00 Staff Arrive, brief, and transfer boats to Marina pontoons
08:00 Boats are sanitised ready for use
09:00 Bubble A arrive and head down to the boats as soon as possible
09:15 Bubble A rig and launch and head to sailing area

SI from Bubble A informs the SI from Bubble B when they have left the pontoons

09:30 Bubble B arrive and head down to the boats
09:45 Bubble B rig and launch and head to sailing area
11:15 Bubble A arrive back on pontoons, derig and sanitise boats
12:00 Bubble A are collected and head home
11:45 Bubble B arrive back on pontoons, derig and sanitise boats
12:30 Bubble B are collected and head home

13:00 Afternoon sessions begin
Repeat process as above
16:00 Bubble A are collected and head home
16:30 Bubble B are collected and head home
17:00 Picos returned to Blagdons
17:30 Team Debrief, lessons learnt etc review procedures.