

HORIZONS (Plymouth)

Horizons Children's Sailing Charity

Risk Benefit Analysis

(Appendix 1 - COVID 19)



Risk Benefit Analysis

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Date of Last Review: 21-07-20

Review Period: Working document, reviewed after each sailing session of after publication of new guidance from Government.



HORIZONS Children's Sailing Charity

Statement on Risk in relation to COVID 19

Horizons Statement on Risk:

Date: 21/07/2020

This document is a working document which covers our return to **recreational** sailing that will take place during August 2020 and will be updated to stay in line with Government Guidance.

Horizons are committed to the fundamental principles of minimising the risk of infection from COVID19 and have devised a plan to allow a limited return to sailing within the current Government guidelines. The situation will be monitored continuously and any necessary alterations will be implemented as appropriate.

Outline of Activity:

Recreational single handed Pico sailing for cadets with RYA Stage 2 and above, or for 2 cadets in the same household where at least 1 holds an RYA Stage 2 or above.

No formal tuition will be taking place during these sessions.

In order to maintain social distancing requirements cadets should feel confident to rig, sail and recover a Pico with minimal assistance.

2 "Bubbles" of activity (Split into Bubble A and Bubble B)

Each bubble comprises of a maximum of 6 people:

- 1 Senior Instructor in a safetyboat
- Maximum of 4 Children
- Maximum of 3 Picos
- 1 volunteer for Shore side support



HORIZONS Children's Sailing Charity

Activity: **Recreational Sailing during COVID 19**

Completed by: Simon Mace

Date: 21-07-19

RISK	MITIGATION	ACTIONS
<p>Virus spread due to number of people on site</p>	<p>Staff and participants will not come in if:</p> <ul style="list-style-type: none"> • They have any of the symptoms, especially a dry, persistent cough • Any of their family have the symptoms • They have been in close contact with anyone who has had COVID symptoms that they know of. • Their temperature is higher than normal? If unsure check with the current NHS guidelines. <p>Participants will maintain social distancing of 2m in accordance with current government guidelines.</p> <p>Limit numbers of participants.</p> <p>Run half day sessions to avoid having groups together for lunch etc</p>	<p>Activity runs in 2 separate bubbles, with staggered timings. Each bubble comprises of:</p> <ul style="list-style-type: none"> • 1 Senior Instructor • Maximum of 4 children • 1 adult shore side support volunteer <p>Regular communication between Senior Instructors in order to keep bubbles separate.</p> <p>Time management will be of paramount importance.</p> <p>Timings of drop offs and collections to be managed through booking process, parents can't stay for extended periods.</p>
<p>Contact with General Public at Slipway (who may not abide by social distancing)</p>	<p>Signage in place at slipway to encourage public to social distance</p> <p>Staff/volunteers will launch and recover dinghies</p> <p>Try to launch and recover when slipway is quieter</p> <p>Participants will board dinghies from pontoons in marina reducing chances of contact with general public</p>	<p>PPE available for staff and volunteers:</p> <ul style="list-style-type: none"> • Face Masks • Nitrile Gloves • Hand sanitiser
<p>Virus spread through contact with dinghies</p>	<p>Boats will be washed down with eco-friendly sanitiser:</p> <ul style="list-style-type: none"> • In the morning after the dinghies have been transferred to marina pontoons • At the end of each session • Dinghies will be split into 2 fleets of 6, and fleets will be rotated to allow for a quarantine period between uses 	<p>Staff/volunteers to sanitise boats in the morning when they are tied up to the pontoons.</p> <p>Participants to sanitise boats after each use</p> <p>Gloves and spray bottles of sanitiser will be provided and participants will be supervised while cleaning takes place</p>



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RISK	MITIGATION	ACTIONS
<p>Single manned Safetyboat cover</p>	<p>Virtually impossible to follow social distancing guidelines in the size of Safetyboats we have, therefore:</p> <ul style="list-style-type: none"> • Reduced fleet size to a maximum ratio of 3 dinghies to one safety boat • Safety boats will be single manned by a Senior Instructor • Dinghies fitted with masthead flotation to reduce chances of an inversion • Sailors will hold a minimum of RYA Stage 2 and should feel confident to rig, launch and recover a Pico with minimal assistance from instructors 	<p>Groups will keep in sight of each other, and maintain communication with each other on a regular basis.</p> <p>Only sail in suitable conditions</p> <p>Choose appropriate sailing area for conditions, and stay within easy reach of Mayflower Marina</p> <p>As soon as regulations allow, return to double handed safety boat crews.</p>
<p>Contact between Instructors and participants</p>	<p>Follow social distancing guidelines</p> <p>Sailors will hold a minimum of RYA Stage 2 and should feel confident to rig, launch and recover a Pico with minimal assistance from instructors</p> <p>Use safetyboat techniques which allows distance to be maintained wherever possible</p> <p>Where possible people should continue to follow social distancing guidance by staying two metres apart. If this is not possible, a distance of at least one metre (1m+) should be observed provided face masks are used.</p> <p>Briefings to be conducted outdoors with 2m separation. Briefings to be limited to safety issues. No coaching until further notice. The sailors must understand that they should sail in such a manner as to limit the risk of capsizing.</p>	<p>Masks are available for staff and volunteers involved in launching dinghies from pontoons.</p> <p>Safetyboats now carry a boarding ladder so people can climb in unassisted</p> <p>PPE kits carried on safetyboats in case someone needs to be transferred to shore etc</p> <ul style="list-style-type: none"> • Masks • Gloves • Hand sanitiser