



Dear Parent/Guardian,

Horizons would like your child to come sailing around Plymouth Sound & the River Tamar as part of our outdoor education program. This will either be aboard 'Friendship of Plymouth' (31ft Motor boat) or one of our Hawk 20 Sailing Keel boats.

Collection and return of the children to and from Mayflower Marina has been arranged with your organisation.

Buoyancy aids will be provided and we have wet weather gear if required. As it can get very cold on the sea, warm clothing (preferably layered) should be worn and old trainers (soft shoes) are preferable.

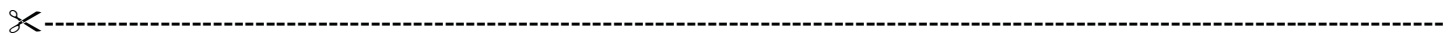
If your child uses an asthma inhaler or any other medication and may require it on this activity please ensure it is marked with the users name and handed to the organisations supervisor and ensure they inform the sailing team on arrival.

Your school/organisation has been given all the information regarding child protection, safety policies and procedures, if you have any concerns please contact your organisation, Horizons Chief Instructor or you can find them online: <https://horizonsplymouth.org/procedures/>

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PTO



Horizons Sailing Activity Permission Slip

I would like my child:		Age:
From (school & Class/Group): to take part in the activity being undertaken at Horizons Children's Sailing Charity.		
Fitness to take part and health declaration Are there any medical or other reasons why the participant believes they may require some special consideration? e.g. Do we need to know about any SEN coping strategies? (If none, please write NONE) This won't necessarily stop you from going sailing; we may just need to consider the most suitable way of getting you afloat.		
Parent/Guardian Signature:		Date:
Emergency Contact Name:		Number:

On completion please return the bottom of this form to your school or organisation.

Horizons Sailing Club

We run a recreational sailing club on Thursdays from 16:30-19:00 and Saturdays from 9:00-12:00 during the sailing season (Easter to October ½ term). This gives local young people aged 8-19 a chance to learn to sail in Plymouth Sound.

Initially children will learn the basics in a Hawk 20 keel boat with up to five other cadets and two suitably qualified volunteers or members of staff and then move on to dinghies either paired up with an instructor, another cadet or on their own. These sessions are overseen by Royal Yachting Association qualified members of staff. Horizons has two rigid inflatable safety boats which are in constant VHF communication with the other Hawks and our base ashore should anyone wish/need to come off the water.

We always encourage parents/guardians to come down and check us and our facilities out or to see what your children get up to. Many parents/guardians have become volunteers themselves.

It is felt that a small fee encourages children to realise that there is a cost to all activities and so take ownership, feeling they are part of the organisation, not just visiting. There is a minimum donation for sailing, currently just £1, but please feel free to donate more if you wish. We do not rigidly enforce this, as some can't afford to pay every time they come.

We also run subsidised structured RYA Youth Sailing courses during the summer holidays for cadets who attend the club regularly and wish to take their sailing a little bit further. For more information please see our website www.horizonsplymouth.org or contact us using the details overleaf.

Sailing is always weather dependent and works on a booking system so please get in touch before you come down. Your child will also need a completed online Sailing Club Membership before they can go on the water. These are available on our website or when you bring them along to the club.

For forms see: <https://horizonsplymouth.org/procedures/>

