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New Member Info 2024

Before you arrive:

Please head to our website – www.horizonsplymouth.org and click on the Documentation tab to find our Sailing Club Membership Form. It will need to be filled out and signed by a Parent/Guardian if you are under 16. Once you have submitted this we will be in contact via text to get you booked in for your first session.

Easter Holidays to October half term

- Thursday Evenings 16:30-19:00
- Saturday Mornings 09:00-12:00 noon (Not during Summer Holidays)
- Suggested donation of £2 per session

What to bring with you:

- You will need to wear suitable clothing for the weather. Jogging bottoms (NOT JEANS), t-shirt, jumper and old trainers
- We can provide waterproof coats and trousers
- If you sail on our smaller dinghies, you will need to wear a wetsuit
- Change of clothes and a towel for afterwards
- Sun cream and a hat/sunglasses are advisable on sunny days
- Please do not bring phones/iPods etc. If it can't be avoided, you can leave them on shore, at your own risk.

When you arrive:

Come into Mayflower Marina and find our blue hut which is just past Jolly Jacks and the toilet block.

Come and see the person at the desk to sign in and see which boat you have been allocated. Also, have a look at the white board, which lays out the tides, weather and session plan.

Once you have signed in and told what boat you are sailing, a member of the Volunteer team will help get you kitted up.



If this is the first time you have sailed with Horizons, we normally put you on one of our Hawk 20's (shown here on the left). We have 3 of them called Fluency, Miss Muffet and Falcon.

There will be 2 volunteers on board with up to 4 children on each Hawk 20 so you will meet some new people.

We also have a selection of smaller dinghies (shown here on the right) that people sail once they have the relevant experience.



Getting ready to go sailing:

Spray Tops and waterproof trousers:

Help to keep you dry, and stop some of the wind chill.



1. Find a spray top from the rack:
The Red ones are junior sizes
 - Junior small (Red hangers)
 - Junior medium (Yellow hangers)
 - Junior large (Blue Hangers)The size is on the inside by the neck and you put it on so the pocket is on the front.

Blue spray tops are the adult sizes:

- Medium
- Large
- Extra Large /Extra-Extra Large

The size is on the inside by the neck and you put it on so the pocket is on the front.

We also have some Child and Junior waterproof trousers.

2. We will help you find and fit the correct size buoyancy aid:
 - Junior ones have a yellow wave or yellow tags on the shoulder straps.
 - They should also be hung on a yellow hanger.

It has to be a snug fit:

- Put it on and zip it up
- Adjust the straps on the sides and shoulders
- Adjust the middle strap and do the buckle up

- Adult buoyancy aids have a blue wave or blue tag on the shoulders.
- They should be hung on a blue hanger.

Fit in the same way as described above.

Buoyancy Aids: Help you to float.



We all need to wear a buoyancy aid, if you have your own we will double check it to make sure it is suitable. For safety reasons, your buoyancy aid should be put on last so it is on top of all your other layers.

Going Sailing:

Once you have your kit and it is fitted correctly, please wait where you were asked to when you signed in. We try to get on the water as soon as we can.

If you are on a Hawk 20 the Skipper and Mate will gather you together and head down to the boat. Please listen to the Skipper and Mate; they are looking after everyone's safety on the boat while you are on the water.

If you are on the smaller boats (the dinghies), someone will gather you all together and explain the plan for the session. The dinghies are kept in a different boat yard a few minutes' walk away and you will head over as a group. Stay together and listen for instructions.

Your safety is a very high priority for everyone at Horizons. We ensure you have the right equipment to go on the water and we provide safety boats to look after the fleet. It is also very important that you take responsibility for your own safety when you are ashore and afloat by following the instructions you are given.

At the end of each session

- Hang up any of our kit you used on the correct colour hangers.
- Please stay near the hut once you are changed, until you are collected.
- Unless you have permission to sign yourself out, a parent or guardian will need to **sign you out** on the register before you leave.

Date: _____

Hawk Lead Skipper: _____

Papagena	Sign In (FULL Name)	Sign Out
Skipper		
Mate		
Crew 1		
Crew 2		
Crew 3		
Crew 4		